Corona Virus –Prevent the Spread

A coronavirus is a type of virus. As a group, coronaviruses are common across the world. Typical symptoms of coronavirus include fever and a cough that may progress to a severe pneumonia causing shortness of breath and breathing difficulties.

Generally, coronavirus can cause more severe symptoms in people with weakened immune systems, older people, and those with long-term conditions like diabetes, cancer and chronic lung disease.

Novel coronavirus (COVID-19) is a new strain of coronavirus first identified in Wuhan City, China.

The NHS website has more information about how coronavirus is spread and answers common questions about the virus.

The symptoms of coronavirus are:
- a cough
- a high temperature
- shortness of breath

But these symptoms do not necessarily mean you have the illness. The symptoms are similar to other illnesses that are much more common, such as cold and flu.

If you have a fever, cough and difficulty breathing, stay at home
DO NOT GO TO YOUR GP SURGERY and call 111 for advice.

DO

✓ Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
✓ Put used tissues in the bin immediately
✓ Wash your hands with soap and water often – use hand sanitiser gel if soap and water are not available
✓ Try to avoid close contact with people who are unwell

DO NOT

× Do not touch your eyes, nose or mouth if your hands are not clean